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# HEALTH CARE CAMP REPORT AT UON

MAY 19<sup>TH</sup> 2022

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*NUNSA 2021/2022*

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**FREE COMMUNITY SERVICES/FREE HEALTH SCREENING SERVICES BY  
UON DEPARTMENT OF NURSING SCIENCES IN PARTNESHIP WITH  
UNIVERSITY OF NAIROBI HEALTH SERVICES**



Every year in the month of May, nurses all over the world celebrate the international nurse's week. The University of Nairobi Department of Nursing Sciences was not left behind in this year celebration as it organized free community services to benefit the university of Nairobi community. The event was held on 19<sup>th</sup> May 2022 from 9am to 4pm at the UON graduation square grounds. Special appreciation to all involved in planning and organization, just to mention a few, Dr Wagoro, Miss Edith, Dr Kirui, NUNSA leadership led by Collins and Fabius.

***Nursing***

**To go above and beyond the call of duty.**

**The first to work and the last to leave.**

**The heart and soul of caring.**

***Nurse***

**A unique soul who will pass through your life for a minute and impact  
it for eternity**

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## ***How it went***

The organizing team had a pre-visit to ensure everything was set for the big day. The students were also psyched up for the day.

***The chairman of the Department visited the venue to oversee the arrangements and give us support***



## **SET UP**

*We performed the following activities: -*

- i. Registration*
- ii. Blood sugar testing*
- iii. Hypertension screening*
- iv. BMI check*
- v. Medical consultation*
- vi. Breast examination/screening for cancer*
- vii. Cervical cancer screening*
- viii. COVID vaccination*

## ix. VCT services

***A total of 400 persons were registered for various services as follows:***

consultation	40
BMI	150 a few people had signs of obesity
Random blood sugar	37
deworming	72
Pap smear	10
Breast exam	36
Blood pressure	150
Referral for follow up	1

### ***Registration***

*The registration desk was placed strategically so that all those who wanted the services were cleared from there.*

*Overall we registered 377 clients. The desk was allocated the nursing students led by finalist students. They did a great job-Hongera.*



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*The nursing students set for the registration and triaging*



***Ongoing registration***

***Hypertension screening***

***We managed to screen more than 150 clients on that day. Most of them had a normal blood pressure. Most ladies had lower BP level and were given thorough health talk***



*The blood pressure screening desk*

***Blood sugar screening***

At this desk we were only doing it if necessary because of limited resources. Those with a BMI of above 37 and elderly or those with history of diabetes were given the priority.

We tested more than 100 clients. Out of all these, we referred those with higher sugars to the School clinic for further management. Those with low sugars were also managed and health education

given



#### **BMI CHECKING**

At this desk, as per the records, more than 150 clients were screened.



CANCER SCREENING/CERVICAL AND BREAST

We were educating the clients on self-breast examination and importance of regular screening. We had a separate room where cervical cancer screening was being done.



## VCT and COVID VACCINATION



## Consultation



## ENTERTAINMENT



OUR LECTURERS WERE ALSO PART OF IT





**The nurses from the University Health services**



**Nunsa chair Collins Kipchirchir(left),Miss Edith,Dr Kirui(PATRON) ,Dr Mageto and NUNSA secretary General Fabius Masibo pose for a picture.**

### **Acknowledgment**

We acknowledge the endless efforts of our department led by Dr Wagoro, all the lecturers just to mention, Dr Mageto, Dr. Kirui, Dr. Omondi and the rest for their support in making this day a success. We also acknowledge the students for showing up in support of this event. We acknowledge NUNSA leadership for making this a success.